

The Chesapeake Region Chapter of the  
Community Associations Institute (CAI) is hosting



# **Aging in America ARE YOU READY FOR BOOMER SHOCK?**

*A Must-Attend for Managers & Board Members and Homeowners!*



Hear from a panel of experts including the author  
of "Boomer Shock," Ellen Hirsch de Haan, Esq.

**2011** is the year Baby Boomers will begin retiring and  
the demographic face of America will change. These  
prospective changes have given rise to a general concern about the  
social, economic and physical "health" of our nation's population.

Community associations should  
be equally concerned about how  
these changes will affect the  
social and economic health of  
their associations.

This program is intended to get  
community association boards,  
managers and professionals to  
think about—perhaps even worry  
about—the inevitable, and then

to actively prepare for it. This  
CAI/CRC program will provide  
attendees with the resources  
to help communities begin the  
process and establish a plan of  
action.

**For more information, call  
410-540-9831  
contact@caimdches.org  
www.caimdches.org**

Thursday,  
September 23, 2010  
8:00 am–3:00 pm

Martin's West  
6817 Dogwood Road  
Baltimore, MD

410-944-9433

Directions to Martin's West: Take  
I-695 to Exit 17, Security Boulevard  
West. Turn right on Belmont Avenue.

Follow Belmont Avenue  
approximately ½ mile and Martin's  
West will be on your left, facing the  
Baltimore Beltway.

## **Who is CAI?**

The Community Associations Institute (CAI), Chesapeake Chapter, is a  
non-profit association created in 1973 and dedicated to fostering vibrant,  
responsive and competent community associations. Our mission is to  
assist Maryland and Eastern Shore communities in promoting harmony,  
community and responsible leadership.

For information, please call 410-540-9831,  
Fax 410-540-9827 or email to contact@  
caimdches.org



All-inclusive admission  
includes continental  
breakfast, morning program,  
lunch and afternoon sessions.

## **ATTENTION EASTERN SHORE MANAGERS AND HOMEOWNERS**

Special arrangements have been made for our Eastern Shore Managers and Homeowners to attend.  
Bus transportation will be provided and a limited number of registration fees will be complimentary.

For information, contact Iris Hobbs at 410-591-3262 or email ocrdhobbs@comcast.net.

*Advance Registration and Payment are required! Space will be limited.*

# Aging in America ARE YOU READY FOR BOOMER SHOCK?

Thursday, September 23, 2010 8:00 am–3:00 pm  
Martin's West, Baltimore, MD



An added feature to this program will be a **Business Providers Showcase** enabling managers and volunteer leaders to meet with attorneys, accountants, insurance specialists, landscapers, reserve specialists, pool management companies and more.

## Schedule

8:00–9:30 am

**Continental Breakfast & Early Bird Preview—Expo Open**



9:30–11:30 am

**General Session—Panel of Presenters**

Ellen Hirsch de Haan, Esq.  
Becker & Poliakoff, P.A.

The anticipated demographic changes in our population have given rise to a general concern about the social, economic, and physical 'health' of our nation's population. Although none of these changes may be new to community associations, when they affect or involve an aging population, they take on new dimensions that challenge association leaders to envision entirely new models, new approaches and new solutions. Ms. de Haan believes that these shouldn't be insurmountable and that in recognizing the situation and working on those new approaches now, we will help associations prepare for what's ahead.

**Michael LaChance**

Legislative Liaison, Maryland Department of Aging

**"Aging in Place"**—Transportation and housing to meet the needs of the growing, aging population. Mr. LaChance has worked in the field of aging services for over three decades. He will share the state's "game plan" for addressing the anticipated shortage of senior-oriented housing and transportation in the years to come.

**PFC Holly Burnham & Lila Bore**

Sr. Liaisons for Senior Issues  
Howard County Police Department, Community Outreach Division

**"Arm Yourself with Knowledge"**, which will cover how not to become a victim of many types of fraud, financial abuse, home & personal safety

**Carl A. Soderstrom, M.D.**

Chief, Medical Advisory Board  
Maryland Motor Vehicle Administration

**"Mobility for Life: The Maryland MVA and Medical Fitness to Drive for the Boomer Generation"**. Dr. Soderstrom will provide advice regarding "medical fitness to drive" for aging Maryland residents. He will come equipped with information on existing and upcoming programs that address private transportation needs, neighborhood ride programs, and/or volunteer services.

11:30 am–2:00 pm

**Expo & Lunch in the Exhibit Area**

1:30–3:00 pm

**Concurrent Breakout Sessions**



1. **Morning Program Continued—**

Ellen will talk about how to live with Boomer Shock in your communities, including balancing the needs, goals and approaches to life from each different generation. Learn how community associations evolved, and how to keep your sanity and find harmony while running a community association in the 21st Century.

*Ellen Hirsch DeHaan, Law Offices of Becker & Poliakoff, P.A.*

2. **"Estate Planning"**—The program will cover all major aspects of estate planning, including Wills, Powers of Attorney, Advanced Directives and Trusts. It will also briefly outline long term care options for seniors and some of the death taxes that could impact an estate.

*Kim Aviles, Law Offices of Corbin, Schaffer & Aviles*

3. **"Self Defense"**—Self defense for the "young-at-heart." Currently recognized as the highest ranking Korindo Aikido instructor actively teaching in the U.S., Mr. Goss will provide some tools to live by regarding self-preservation and street smarts. There will be interactive demonstrations, which you may choose to participate in.

*John Goss, Chief Instructor, Aiki Martial Arts Institute*

4. **"MD-LAC Legislative Update"**

*Kathleen Elmore, Chair, MD-LAC, Elmore & Throop, P.C.*

*Phyllis Marsh, MD-LAC Treasurer*

*Tom Schild, Esq., Thomas Schild Law Group, LLC*

*Susan Rapaport, Esq., Davis, Agnor, Rapaport & Skalny, LLC*

*Craig Wilson, PCAM*



## Registration Form (One form per person—duplicate for multiple attendees) "Aging in America—Are You Ready for Boomer Shock?" • September 23, 2010

Name \_\_\_\_\_

Association or Company (required) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

Check Enclosed (made payable to CAI/CRC) OR  
Please charge my  Visa  Mastercard (we do not accept AMEX)

Printed Name (exactly as it appears on card) \_\_\_\_\_

Company Name (if Corporate Card) \_\_\_\_\_

Card Billing Address (if different than above) \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone \_\_\_\_\_

Card Number     -     -     -     Exp. Date   /

Signature (required) \_\_\_\_\_ Total Amount \$ \_\_\_\_\_

The above signed agrees to pay the charges according to the card issuer agreement.

**Advance Registration and Payment are required! Space will be limited.**

**CANCELLATION POLICY:** Verbal, faxed or email commitment obligates the participant to pay for the event if you choose not to attend unless the cancellation is made one week prior to the scheduled event. Cancellation must be in writing.

A CAI Member is someone whose name is listed in the CAI National Database.

CAI Member?  Yes  No

**COST**

Association Board Member or Homeowners.....\$15

CAI Manager .....\$40

Non-CAI Member—Manager .....\$45

Non-Exhibiting CAI Service Provider .....\$60

Non-Exhibiting Non-Member Service Provider.....\$80

Total Amount Due.....\$ \_\_\_\_\_

### CONCURRENT BREAKOUT SESSIONS

I plan on attending the

In-depth continuation of morning program

Estate Planning

Self Defense

MD-LAC Legislative Update

Please mail to:

Chesapeake Region Chapter, CAI  
5836 Rockburn Woods Way, Elkridge, MD 21075  
410-540-9531